

# YOUR MATERNITY & NEWBORN

## PHOTO SESSION



### WHAT TO EXPECT...

IF YOU CHOOSE ME AS YOUR  
PHOTOGRAPHER :-)

*Kirsty Hall*  
PHOTOGRAPHY

# AM I THE RIGHT PHOTOGRAPHER FOR YOU?

**IF YOU'RE LOOKING FOR THAT PERFECT PICTURE TAKEN AT SUNSET IN AN EXQUISITE MATERNITY GOWN I'M NOT THE RIGHT CHOICE. LIKEWISE, IF YOU WANT BABIES IN BASKETS POSED IN A STUDIO AND SURROUNDED BY LILLIES I AM NOT THE RIGHT CHOICE FOR YOU. THOUGHT I'D LET YOU KNOW AS SOON AS POSSIBLE.**

However, perhaps you are a mum-to-be seeking natural, off the cuff images documenting you and your bump at home using window light or outdoors in a more candid style. Yay, you're in the right place.

If you already have your new little person in your arms, or you're new to parenthood then congratulations. Welcome to chaos. Those early days with a new baby are fleeting. I capture you and your newborn in the place where your family story begins. Home. Candid and naturally lit images sensitively conveying the moments you can very quickly forget. No bright studio lights, no pressure to look perfect.

I want you to feel relaxed and worry free. If you don't feel like this, I haven't done my job properly.



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HAD A GREAT SESSION WITH KIRSTY WHEN MY LITTLE ONE WAS 2 WEEKS. THE PHOTOS CAPTURE HIM SO WELL IN THE EARLY DAYS AND IT WAS A REALLY RELAXED SESSION THAT WAS A GOOD EXCUSE TO JUST CUDDLE AND FOCUS ON MY BABY FOR A FEW HOURS!



**SARA DAGNAN**



# A LITTLE BIT MORE ABOUT ME...



**IN A NUTSHELL I'M AN UPCYCLING, TEA DRINKING MUMMY TO TWO SMALL PEOPLE (ACTUALLY NOT SO SMALL ANY MORE. SNIFF.) HONESTLY, WHERE DO THE YEARS GO??!**

It's true. I feel like a giddy child in a soft play centre during each and every shoot. Capturing that laugh, that excited interaction which is then gone in a flash; It's a wonderful thing.

Taking pleasure in the simple things in life is what keeps me going, mainly being a cup of tea at regular intervals throughout the day. Without my first cup in the morning, I simply cannot function. I have two little people with my husband Gregor; Eva aged 9 and Douglas age 7 and we love our life in Rosewell, Midlothian.

I worry. A lot. Although I've been told once the kids become teenagers that's when the real worrying starts.

My happy place: doing some sort of impulsive upcycle. I just can't get enough of it. I just blame Pinterest. OK, OK, like you, I'm secretly obsessed. It's somewhere I hang out quite a bit. My other secret love? My sewing machine.

Best therapy: Getting my hands dirty in the garden, just love it.





# WHAT TO EXPECT DURING YOUR MATERNITY SESSION

You can have your maternity session at home or outdoors, it's completely up to you! Whatever you decide, it's best to show off your wonderful bump after 34 weeks, so that it can't fail to be noticed! That being said, everyone's different and that could be much earlier :-)

## AT HOME

Whether you choose to wear your favourite relax gear or something more dressy, I will capture those 'peek behind the door' images of you and your partner at home enjoying the mounting excitement of impending parenthood!

From cuddled up together shots to hugging that bump and looking back at scan pictures, I will create an honest and natural story of your pregnancy using window light wherever possible.

I will provide gentle direction for more posed shots but still keeping that candid feel.





I really encourage the inclusion of older siblings because they are part of this too! They are bursting with curiosity at this stage and there are so many opportunities for some wonderful, heart warming pictures; for eg. them kissing your belly, cuddling in to you and talking to your bump :-)

Any good, naturally lit area in your home offers potential.

## OUTDOORS

You can get a totally different feel to your images should you opt for an outdoor shoot. Choose somewhere that has meaning be that the local park or a favourite forest walk.

I'm quite happy observing from a small distance, the interactions with you and your partner, and the bump! Walking hand in hand, sitting on a rug under a tree or on a bench. Sitting quietly and just being, the 3 of you.

Whereas much of my photography is natural and candid, I will lean towards some more posed shots on occasion if anything to provide some variety for you but also, you will need some advice on how to stand with your bump and where to put hands and feet etc . I will be there to guide you through the session with ease and enjoyment!

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SOME SPECIAL, PRECIOUS MOMENTS IN LIFE JUST DESERVE THE BEST MEMORIES, AND WITH KIRSTY'S EXCELLENT WORK NOW WE WILL HAVE OURS IMMORTALISED FOREVER. THE RESULTS WERE JUST STUNNING!



SERENA CAVALLARI







## WHAT TO EXPECT DURING YOUR NEWBORN SESSION

The majority of newborn sessions take place in your own home, where mum and baby are most comfortable and everything is to hand. I use natural light wherever possible to achieve a natural look to your images.

Shortly after I arrive, with your permission I will have a quick look around your house to see which rooms offer most potential for photographs. This is mostly the living room or the main bedroom.

When photographing your newborn I believe that simple is best, therefore shots aren't too contrived or posed. I don't touch your newborn at all, but provide gentle guidance where necessary.

There is no better light to show off their tiny features in intricate detail, than daylight. This adds a candid and documentary style to your images. My approach is friendly and relaxed. I don't follow any plan; but very much run with how your baby is feeling and behaving. I allow up to 2 hours for nappy changes, feeds and breaks.

There will also be plenty of time to have shots taken with siblings and partners/husbands. Daddys are not left out by any means, in fact I encourage them to take part! Most particularly to be involved in the ever so important family picture.







# THE PROCESS

## 1 PAY BOOKING FEE

When you book, you pay your booking fee. (1 hour £99, 2 hours £150) Whether you choose up to one hour or up to 2 hours of photography, this fee includes a pre-shoot telephone chat, any information sent to you leading up to the day, access to a private online gallery from where you can view and choose your favourite images, and the session itself in an outdoor location of your choice. This fee does not include products.

## 2 HAVE FUN AND ENJOY YOUR SESSION

We head to the location of your choice! Relax, be yourselves and enjoy it.

## 3 SNEAK PEAK

After your session, with your permission, I'll give you a sneak peak of several of the images from your session the very same day on my facebook page.

## 4 VIEW YOUR IMAGE GALLERY

Approximately 2 weeks after your session you will be presented with your images in the form of a password protected online gallery. You may need tissues to hand!

## 5 CHOOSE HOW YOU WANT TO DISPLAY YOUR IMAGES

Consider how you want to display your favourite images at home. Choose from one of the **digital and matching prints packages** or order items **a la carte**. You can order items directly from your gallery. Your gallery will be available to view and order from for 30 days.

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AS FIRST TIME PARENTS WE COULDN'T HAVE BEEN MORE AT EASE WITH THE WHOLE PROCESS. THE FACT THAT KIRSTY COMES TO YOUR HOUSE MEANT MYSELF AND MY PARTNER WERE SO MUCH MORE RELAXED AND THE PHOTOS ARE AMAZING!



**LAUREN HAND**



# SHOWCASE YOUR FAVOURITE IMAGES

## MINI FOLDED ALBUMS FROM £121



From gorgeous keepsakes to stunning wall art, think about how you want to showcase the memories from your photo session in your home.

## BOX FRAMES FROM £138



## COMPACT KEEPSAKES FROM £69



## STUNNING WALL ART FROM £120

A full price list can wing it's way to you on request!

# DIGITAL & MATCHING PRINT PACKAGES

Many clients simply want digitals and these packages also allow you to see how your images look in printed form with a matching set of beautifully printed images. Stick them in an album, frame them, or give some to family, the choice is up to you.

**5  
DIGITALS**

WITH MATCHING  
7 X 5" PRINTS

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**£225**

£45 PER IMAGE

**15  
DIGITALS**

WITH MATCHING  
7 X 5" PRINTS

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**£425**

£28 PER IMAGE

**40+  
DIGITALS**

WITH MATCHING  
7 X 5" PRINTS

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**£725**

JUST £18 PER IMAGE



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KIRSTY MADE THE WHOLE PROCESS OF GETTING FAMILY PHOTOS DONE SO EASY. SHE WAS INCREDIBLY PROFESSIONAL - BUT MOST IMPORTANTLY FOR ME WAS HOW APPROACHABLE AND EASY GOING SHE MADE THE WHOLE PROCESS.



**FIONA INGLIS**



# SOME OTHER QUESTIONS YOU MAY HAVE...

## **HOW LONG DOES A MATERNITY PHOTO SESSION LAST?**

An hour is plenty of time if it's your first baby but you can book a 2 hour session if you would like to get older siblings in on the scene too. (highly recommended, see below!)

## **WHEN SHOULD I BOOK MY NEWBORN PHOTO SESSION?**

Newborns are best photographed up to 12 days old if you want to get that curled up, sleepy look they have in the first week but it's not going to do any harm if you book a date when they are 2 or even 3 weeks old. They don't lose the newborn look overnight! Ultimately, it's when you are ready! Don't put pressure on yourself to get photographs taken too early.

## **MY BABY HAS BEEN BORN ALREADY. AM I TOO LATE TO BOOK?**

No. If you call to book a date that's just a few days away and I have availability, you can get booked in without any issues.

## **WHAT IF MY BABY IS OVERDUE, CAN I CHANGE THE DATE?**

Yes, it is a simple case of postponing to a more suitable time. I must stress though that both you and baby must be feeling healthy and up for the session. If you don't feel like you are ready, then you must let me know and we can reschedule.

## **WHAT ABOUT THE MESS IN MY HOME?**

Please don't worry about a messy house, that's not what I'm photographing! I am quite happy moving around the clutter and at the end of the day, you have just had a baby!

## **DO YOU USE PROPS?**

If you are looking for babies in baskets and buckets then I'm not the right photographer for you. I don't generally touch your newborn but give you simple guidance on how to hold and position them for different shots. The only items that usually get photographed with your newborn are a soft toy, perhaps a wee hat and a blanket. For me, I think that is all that is necessary and I think that too many props gets fussy. I want the focus to be on the natural beauty of your baby.

# THANKS FOR READING!

BY NOW YOU'LL HAVE A GOOD IDEA IF I'M THE RIGHT CHOICE FOR YOU.

## IF YOU'RE READY TO BOOK A CALL:

Click [here](#) to schedule in a time that's good for you. Or just hit reply on the last email I sent you and I'll be there to lend a hand.

## NOT QUITE THERE YET?

Why not join my VIP list and be the first to know about any up and coming offers, photo tips and the occasional parental anecdote for busy families like yours!

Click [here](#) to hop on!



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